

WE NEED YOU TO WHACK THE FLU!!!!!!

W WASH –WASH YOUR HANDS OFTEN!

H HOME- STAY THERE WHEN YOU ARE SICK! AT LEAST 24 HOURS!

A AVOID TOUCHING YOUR NOSE AND MOUTH. STAY AWAY FROM YOUR EYES- NO RUBBING!

C COVER YOUR COUGHS and SNEEZES

K KEEP YOUR DISTANCE FROM COUGHING and SNEEZING PEOPLE

DID YOU KNOW.....

That the seasonal flu in Missouri lasts from October through May? It does.

Flu Season peaks in January and February? It Does!

200,000 U.S. citizens are hospitalized with the flu each year?

As of January 11, 2013 more than 129 million flu vaccines were given?

Both Boone County and Randolph County Health Department have flu mist and vaccine available? They do ! And...

This year's FLU SHOT has a shorter and thinner needle? It does!

GET VACCINATED IF YOU HAVE NOT DONE SO